

A Prayer to See Myself as #ChosenandWorthy

Dear Father, Today I come to You ready to see myself in Your reflection.

I want to, once and for all, turn away from seeing myself in the reflection of my past and of the broken world around me.

Today I want to pick up the right mirror – Yours. And see myself reflected in Your perfect and unfailing love.

I ask that when I begin to say I am not enough, You fill my mind with Your truth that says I am precious in Your sight

(Isa. 43:4).

And when I come face to face with the brokenness of another, You protect me and remind me to put my armor firmly in place so that I do not bear their image, but remain in Yours.

Thank You, Lord, for the work You have begun and will finish in me.

In Your most precious and holy name I pray.

Amen