# Longing for More than the World's Reflection

# A 7-Lesson Course to Seeing Yourself in the Steady Reflection of Christ

## What to Expect

For 7 weeks, you will receive one lesson each week by email. The lessons will have printable content, an interactive online quiz (that I'm SO excited for you to take!), as well as two videos (one to begin the course and one to close).

Each of your lessons and the included resources can be printed and put into a folder or binder to create a hard copy.

The quiz has been created so that you can pass it along to others. Even those who didn't attend Aspire! You can share it on your social media profiles to encourage others to recognize and embrace more than the world's reflection. We live in a broken world and so many women need to know they are loved, valuable, chosen, and worthy. Would you help me spread that message?

## What I Would Love

I would love to receive emails and messages from you with updates. Let me know how these resources are helping, as well as how I could improve them. This is only the beginning of a larger project I am working on and your feedback would help me create something that would significantly help other women.

Keep in touch with me to let me know how your journey is going and how I can pray for you. I want to celebrate with you and pray for you when life's storms hit.

#### Prayer

Dear Jesus, We come before You today in humble admiration for all that You have done to show Your unfailing love for us. Thank You for choosing us as Yours. For creating us wonderfully with the utmost workmanship. Lord, we ask You to give us eyes to see truth as we seek to live as Your reflection instead of the World's. We pray that we keep our eyes steady on You because You are unwavering. You are truth. You are love. You are our hope. When distractions pull us this way and that, Lord, bring us back. When lies attempt to pull us off course, remind us boldly with truth. When temptation calls, protect us. Give us Your strength and Your armor to walk away. Lord, may we each live a life fully free where the chains of shame have no power to hold us back. Thank You, Father. We love You. In Jesus' name we pray. Amen

#### In the Next Lesson

We will learn to recognize the signs and symptoms of a broken identity – of one lived as a reflection of the world. We will also take an online interactive quiz to determine our personal IF (Identity Factor).

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