

## God is Beckoning Us. Will We Continue the Work?

### Lesson #7

In the first six lessons you have learned:

1. Why identity matters and how it effects every single relationship in our lives.
2. The signs and symptoms that could be related to a broken identity.
3. Your IF and where you fall on the pendulum of wearing the world's labels or being steady in the reflection of Christ.
4. To identify those situations or people that trigger your feelings of shame and insecurity.
5. To uncover the roots of shame and insecurity in your life and commit to digging deeper though professional counseling and self-help books.
6. What creates a belief system and how it effects the choices you make and thus the outcomes in your life. You were challenged to acknowledge and adjust those belief systems.
7. How to replace negative self talk with God's truth with two printable resources.

Today we are going to close our final lesson with talking about God's desire to lift the shame out of our lives. But we need to be willing to do our part in the work. Included in this lesson is the final video lesson.

.....  
Our God is the God who sees us. He sees us in our shame and He beckons us out.

*Thereafter, Hagar used another name to refer to the LORD, who had spoken to her. She said, "You are the God who sees me." -Genesis 16:13*

The fact that you have been here with me the past 7 weeks says you *are* willing to do the work. I pray that each of these lessons, steps, and resources have opened your eyes to the work that needs to be done in your life and the strategies that need to be in place to do it. I pray you are holding onto hope stronger than ever before. And I pray you are convicted that living in the steady reflection of Christ is the best place to be!

When life happens and you are blindsided by unavoidable triggers that stir up the old thought processes and lies about your worth. Remind yourself Whose you are. Look at Him. Stay in His reflection. Don't let the enemy distract you. And remember these 4 Steps to a Steady Reflection:



### Steps to a Steady Reflection

1. Believing Jesus is bigger than any sin done by or against you.
2. Surrendering it all in an act of TRUST. Pouring it out. Leaving nothing hidden.
3. Learning to dispute negative self talk with God's Truth.
4. Praying

## **I Hope You Will Stay**

I would love for you to stay in contact with me. Much of what I and other guests write about on LoriSchumaker.com will continue to encourage you along your journey. I try to send out monthly newsletters as well to keep you up to date with all that is going on in my life both personally and professionally.

I am working on my first book and I would love to utilize your thoughts and opinions as I do research and dig in deep to make this a book that really impacts lives for the better.

And I would really really love and appreciate your prayers, as well.

## **Prayer**

*Dear Father, You are so mighty to save (Zeph 3:17). You are the God who sees us and the God who saves. Thank You, Father, that we, in all our mistakes and murkiness, are Your children who You call chosen, worthy, and wonderful. You know every hair on our heads and You call us by name. Lord, I pray that each of us hold steady in Your reflection. That when the world wants to slap labels on us and when we face the temptation to backslide and live in the world's reflection, we recognize our longing for more. Our longing for You. Lord, we claim redemption in Your name. We claim joy, peace, love, and freedom in Your name. The name that claims victory over all. The One who is bigger than any shame, any pain, any storm, or any sin we will ever face. We love you and we praise You. In Jesus' name we pray. Amen*

Blessings and smiles, my friend

Lori